



Re-Union in Yoga

IYTA World Yoga Convention
16 – 19 September 2010

At the beautiful oceanfront venue of the
Novotel Manly Pacific, Sydney, NSW, Australia.
Join us for a wonderful, warm and inspiring line-up of
presenters from around the world as together we explore our
Convention theme of "Re-Union in Yoga".



Booking: See the booking form below or on our website iyta.org.au

Name.....

Address

State..... Postcode.....Country.....

Phone ()Email.....

Early Bird rate (full payment must be received by 31/03/2010).....A\$420
Full rate (for bookings and payments received after 31/03/2010).... A\$480
Rates include GST

The rate includes all Convention sessions, lunches, morning and
afternoon teas, and the Gala Dinner and special concert on
Saturday evening.

Cheque/money order payable to 'TYTA Convention' enclosed:A\$.....
Overseas: bank draft in Australian dollars please or pay by credit card:
VISA or MASTERCARD

Cardholder name.....Exp date.....

Amount: A\$..... Signature.....

Send completed form and payment to:

Ros Tinker
IYTA Convention Bookings Officer
22 Esther Road Mosman NSW 2088 AUSTRALIA
Email: rostinker@bigpond.com

Important notes:

- 1. No concessions apart from Early Bird rates.
- 2. Bookings available only for whole Convention. May be reviewed after March 2010.
- 3. Please book own accommodation separately. The Novotel Manly Pacific is offering special Convention rates and can be booked direct: their number is 02 9977 7666 from within Australia, +61 2 9977 7666 from overseas. Tell them you are going to the Convention to get the special rate, which is \$219 per night single or \$239 per night twin share (Manly view), including breakfast. There is also a wide range of differently priced accommodation in Manly – visit manlyaustralia.com.au

Cancellation terms - Must be in writing

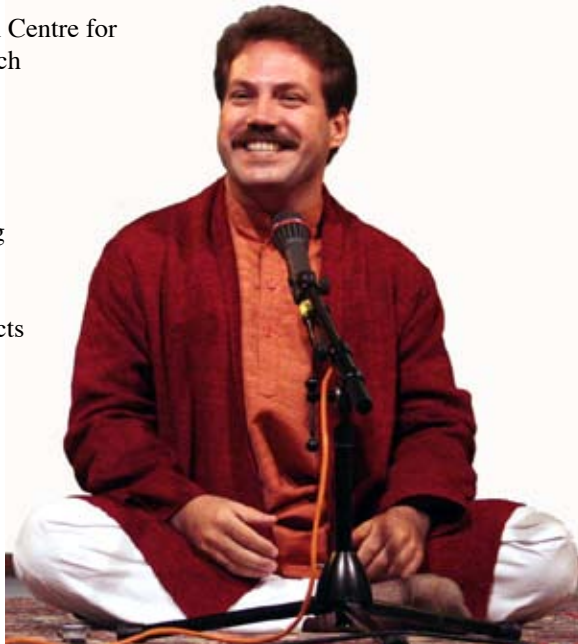
- Full refund for cancellation up to May 15, 2010
- Thereafter 50% refund up to July 15, 2010
- Thereafter nil.

Major Presenter – Dr Ananda Bhavanani

Director of the International Centre for Yoga Education and Research
Dr. Ananda will address the Convention theme of 'Re-Union in Yoga'.

Dr Ananda is a warm, informative and entertaining speaker. He has much to offer us from his lifelong, intensive studies of all aspects of yoga, and from the influence of his eminent and revered parents, Yogamaharishi Dr Swami Gitananda Giri (the late "Lion of Pondicherry") and Smt Meenakshi Devi Bhavanani.

He is trained as a doctor and has undertaken a number of scientific medical research projects on yoga with the prestigious University Hospital JIPMER, Pondicherry.



Programme Includes

Re-Union in Yoga
Pranayama
Deepening our Relaxation Practice
The Point of Stillness
The Koshas and their practical application in our everyday lives
Hasta Mudras and how they can help our energy to flow more effectively
The Art of Balance
Yoga and Psychology
Exploring the Chakras
Yoga in Harmony with Nature
A variety of yoga workshops



The Novotel Manly Pacific is a beautiful light-filled space with expansive ocean views.

The Novotel Manly Pacific provides top quality facilities and accommodation. Manly itself is a magnet for visitors, offering beautiful beaches, sweeping ocean views, and many cafes, restaurants and shops. It is an easy ferry ride from central Sydney and there is a shuttle service to and from the airport. Buses are also available.

Check for updates on the programme in future editions of the International Light and also on our website on www.iyta.org.au

Other Presenters include

Petrea King, CEO, Quest for Life Foundation
Dr. Swami Shankardev Saraswati, Satyananda Yoga
Michael de Manincor, President of the Yoga Teachers' Association of Australia
Trish Brown, Dru Yoga
Sevapuri, Yoga in Daily Life
Wendy Batchelor, IYTA (former President, coming from France)
Louise Wiggins, IYTA (South Australia)
Anne Nakhoda, IYTA Representative in Singapore
Margo Hutchison, IYTA (Queensland)
Karen Nicoll, IYTA (New South Wales)
And others...

Convention Package

\$420 early bird till 31st March 2010, \$480 after 31st March 2010 includes:

- * Opening Ceremony – Aboriginal welcome ceremony with vegetarian buffet light supper on Thursday evening
- * All lectures, classes and events on the programme including early morning classes and meditation before breakfast
- * Lunch every day, + morning and afternoon teas
- * Saturday gala dinner in Gilberts Room overlooking Manly Beach with Dr. Ananda presenting a Carnatic concert.
- * Sunday lunch and early afternoon closing ceremony.
- * Accommodation is not included.
- * See more information on booking form.

This is an opportunity to meet with old friends and new, from the IYTA and elsewhere, in the spirit of yoga. Come join us, we'd love to see you!

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